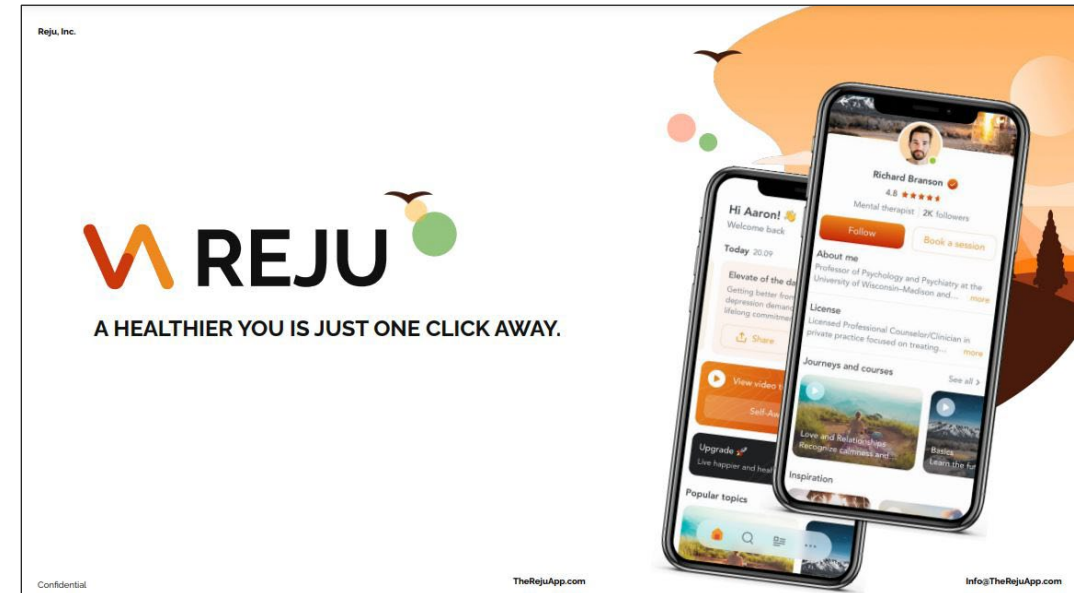




Reju for Public Sector





A HEALTHIER YOU IS JUST ONE CLICK AWAY.



THE MENTAL HEALTH CRISIS DEMANDS A CULTURAL CHANGE

Why?

MENTAL ILLNESS IS A GLOBAL PROBLEM AND CONDITIONS ARE INCREASING WORLDWIDE.

The IPMA-HR survey found that **58%** of public sector workers report high workloads and insufficient staffing as major stressors .

According to a survey by Deloitte, **44%** of public sector employees report that bureaucratic procedures and red tape significantly contribute to their work-related stress .

A survey by the American Psychological Association (APA) found that 60% of public sector employees consider access to mental health services, including counseling, as crucial for their well-being.

The SAMHSA report found that **59%** of public sector workers report stress due to challenging interactions with the public .

The Public Administration Review report found that **50%** of public sector workers experience anxiety and stress due to regular audits and performance evaluations .

Source: The Substance Abuse and Mental Health Services Administration (SAMHSA)



PLANT THE SEEDS OF TEAM SUCCESS

EXPLORE THE BENEFITS

An institution's focus on **staff mental health** benefits both its mission and growth trajectory. Partnering with Reju puts your institution in a position to greater aid employee performance. A **healthier** you is just one click away.

1

Improve performance and success.

2

Improve retention to **reduce** the turnover rate due to the impact of mental health issues.

3

Educate staff on Mental Health First Response through our LMS and live workshops.

4

Empower in house counseling services with additional wellness tools.

5

Improve counselor to staff experience with powerful CRM platform.

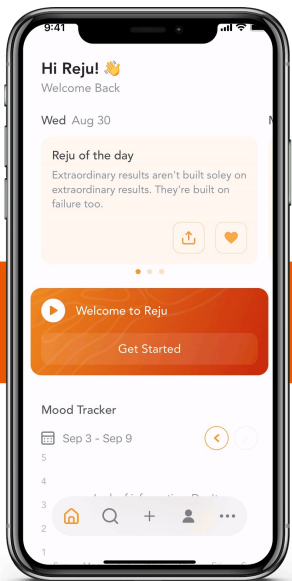
6

Receive comprehensive **data reporting** on staff performance to test effectiveness.

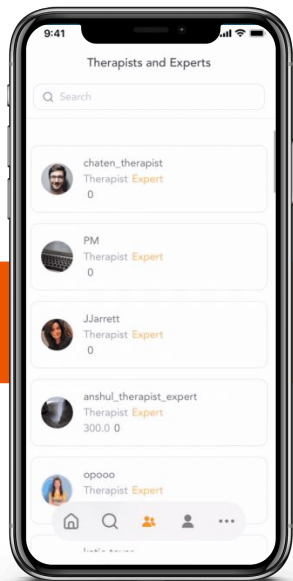
Product Overview



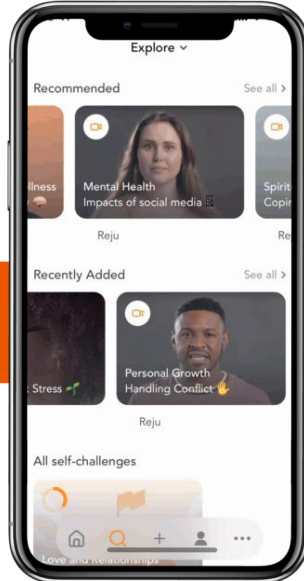
Add A Bit of
Inspiration to your
Everyday Life



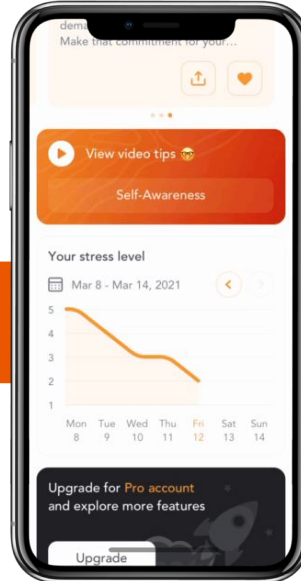
Engage With
Wellness Experts
and Therapist



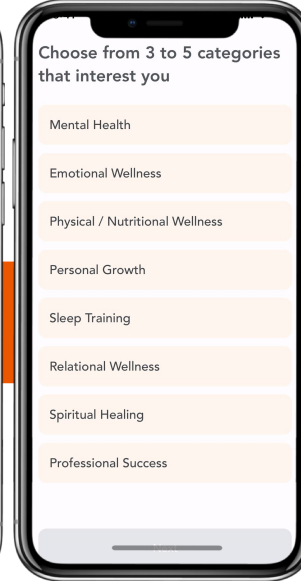
Keep Pushing
Forward With
Interactive Content



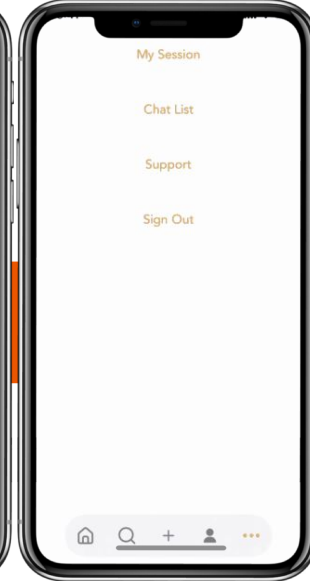
Promote Growth and
Progress



Transform your Life
with a Personalized
Experience



AI Powered Support
Chatbot



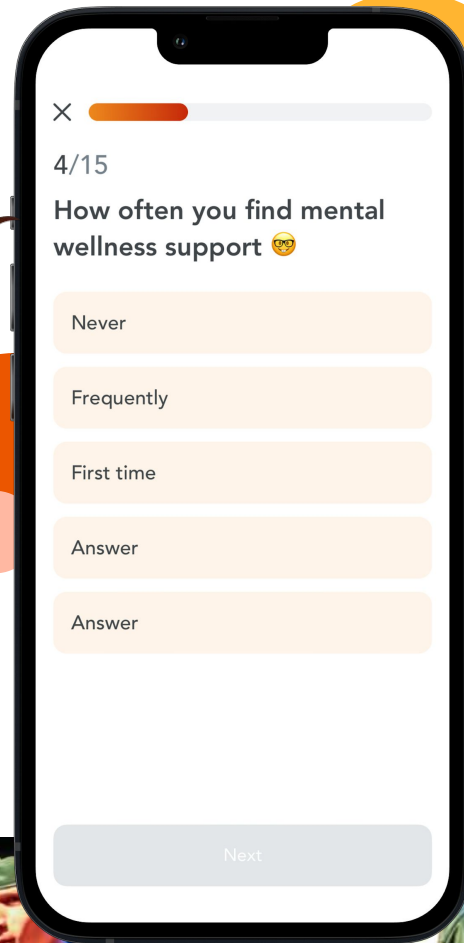
A TECHNOLOGY SOLUTION FOR YOUR STAFF

Who are We?

Reju is a innovative mental health and wellness application that can be implemented in any ecosystem, designed to offer personal guidance to its users to achieve mental, physical, and emotional **success**. Reju provides a peer-to-peer interaction between the wellness practitioners and its primary users.

OBJECTIVE

To provide lifestyle monitoring strategies that provide a positive inducement to encourage **public sector staff** to achieve their wellness goals and improve job performance.



WELLNESS COACHING MADE ACCESSIBLE

POWERING WELLBEING THROUGH AN INNOVATIVE, DIGITAL EXPERIENCE



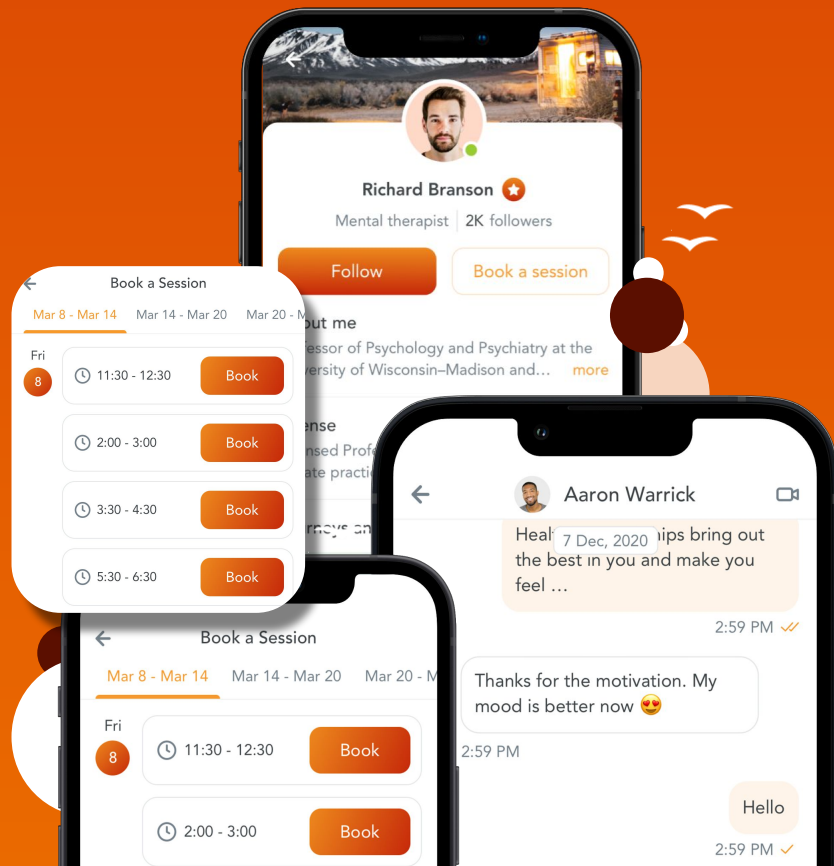
UNLIMITED IN-APP MESSAGING WITH PRACTITIONERS

Empower students to chat 1 on 1 with wellness practitioners through a peer-to-peer interaction network-based structure.

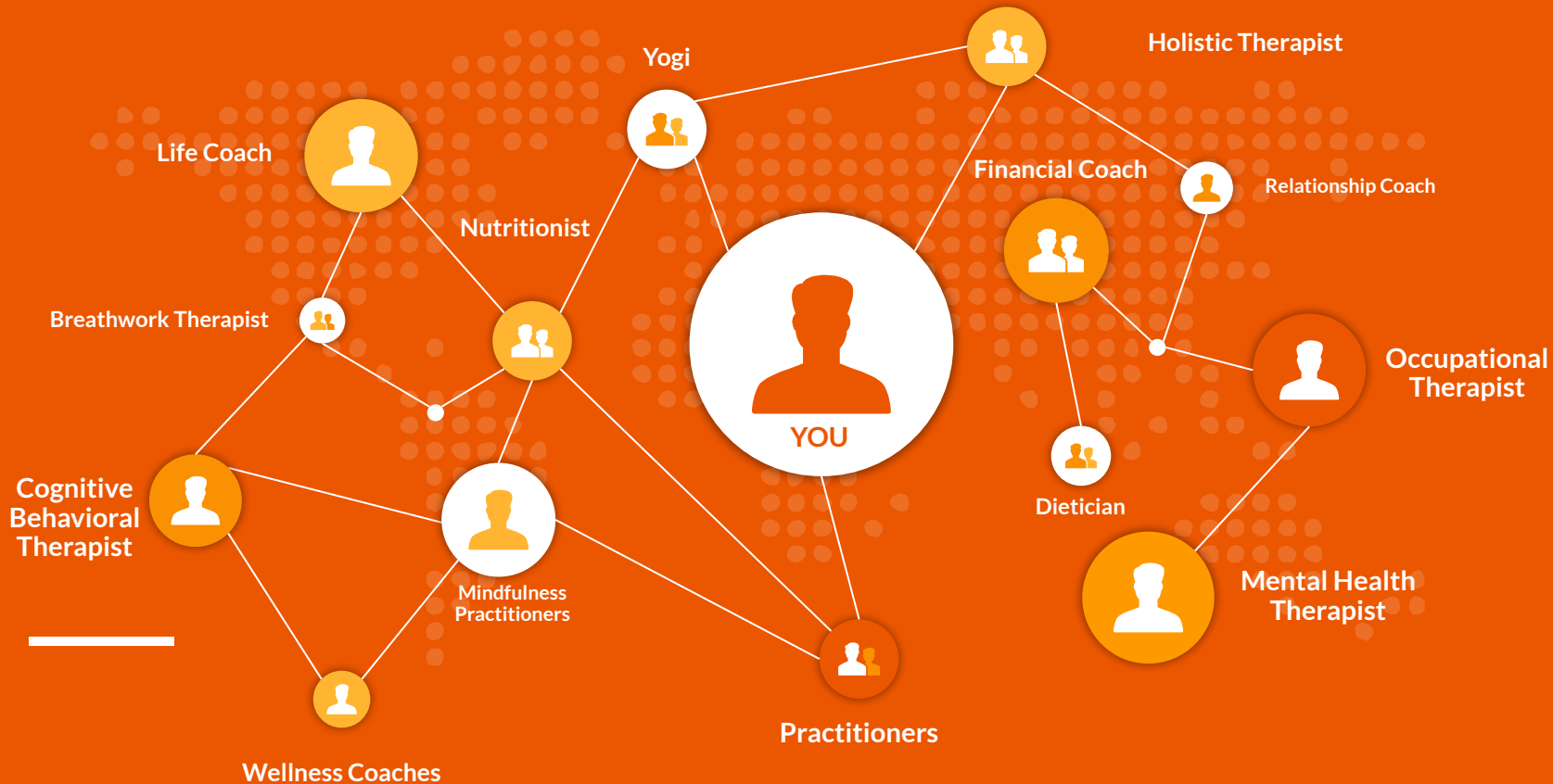


SCHEDULE THERAPY SESSIONS

Strengthen student performance by providing 1 on 1 video therapy sessions with clinical practitioners and wellness experts.



Reju connects you to the people that can help



WELLNESS REIMAGINED

DELIVERING A REJUVENATING EXPERIENCE



24/7 PROGRESS MONITORING

Reju provides a great way to promote growth and improvement by allowing students to monitor their progress with research-based reminders, guides, and progress reports.



SELF-IMPROVEMENT CHALLENGES

Improve daily living habits with hundreds of engaging self-challenges.



REJUVENATE YOUR LIFE

EMPOWERING STAFF WITH PERSONAL HEALTH



LIBRARY OF WELLNESS PUBLICATIONS

Keep pushing forward with over 1000 interactive wellness content from a variety of focus areas.

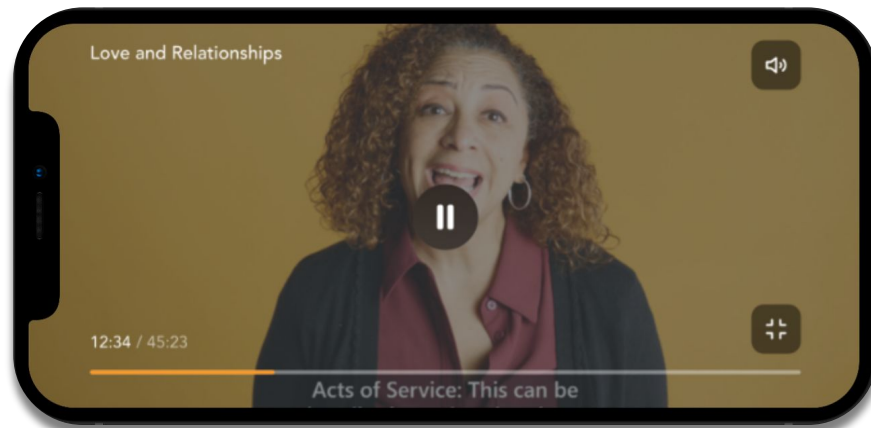


When I'm going through something or need motivation, I open the app and listen to the modules which encourages me more and keeps me going.

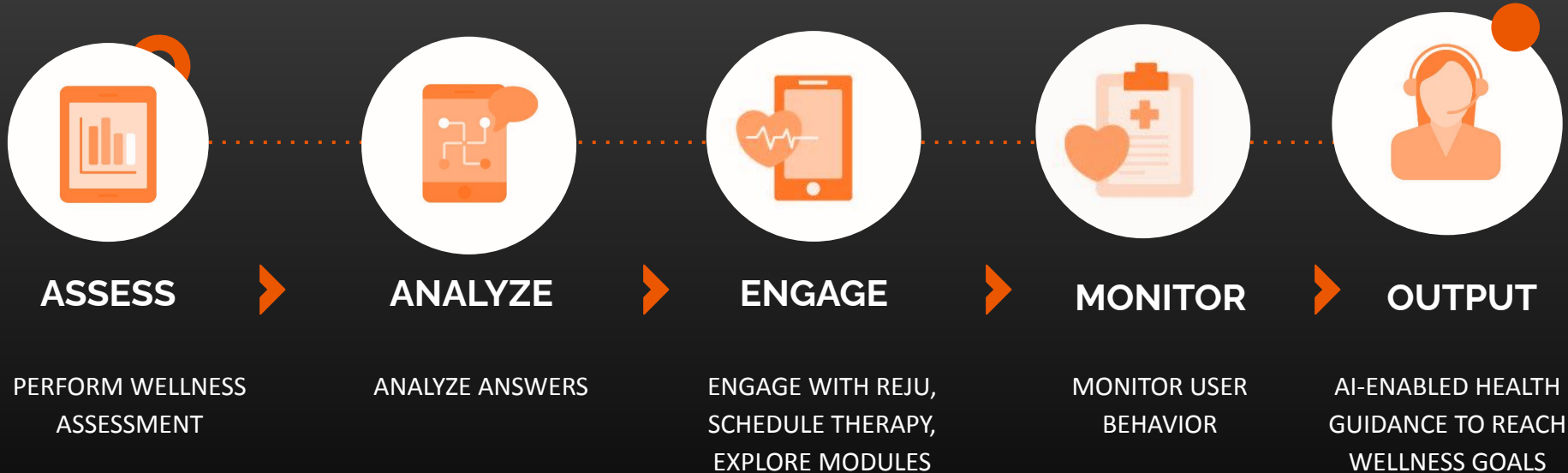
-Student User (Year Up)



Reju is **economical**, engaging, and comprehensive; providing a personalized wellness experience while transforming academic outcomes for students.



HOW IT WORKS?



HEALTHIER STUDENTS, HEALTHIER ACADEMIC OUTCOMES

BE **APART** OF THE **DIGITAL HEALTH** REVOLUTION

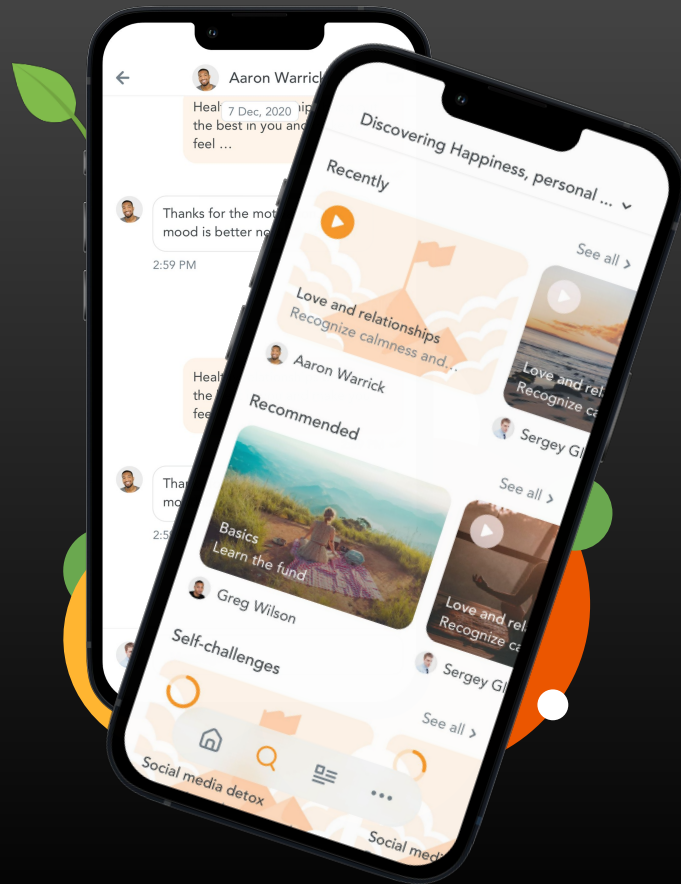
Empower your students by providing **personalized** and evidence-based mental health and wellness **services**.

1

Integrate Reju **wellness resources** into your **employee experience**

2

Provide your staff the security and privacy of a network of clinical practitioners and **wellness coaches**, instantly.





Reju App

Thank You

Contact us

Aaron Warrick

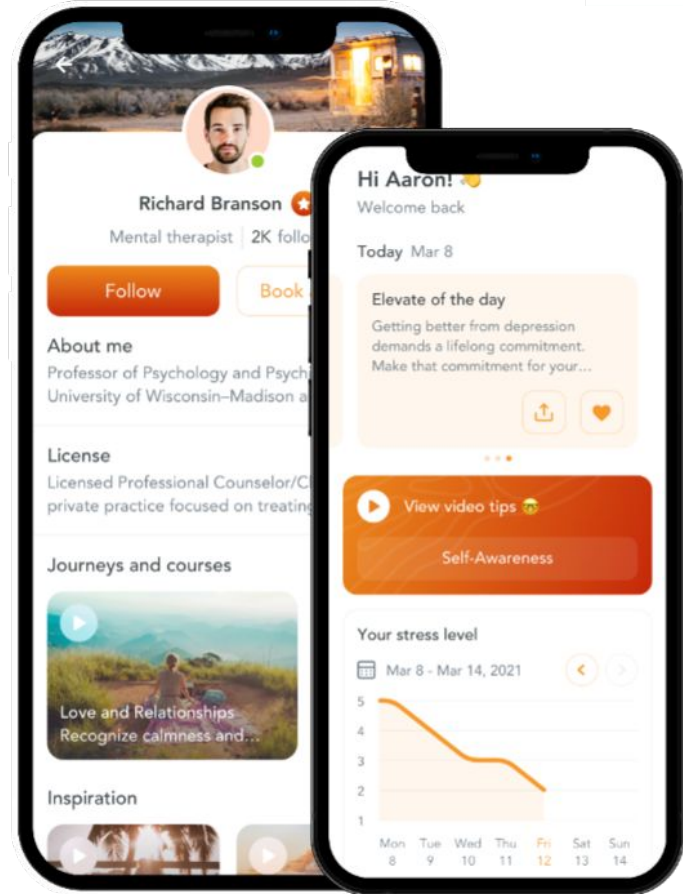
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<u>Reju@carahsoft.com</u> or (571)-590-6500 |
|  | For additional Reju information:
<u>carah.io/RejuOverview</u> |  | For additional Education Technology solutions:
<u>carah.io/EdTech</u> | | |