

# mRes Differentiators



### **mRES DIFFERENTIATORS**



### A "PREHAB" APPROACH TO RESILIENCE

mRes includes a suite of evidence based tools designed to allow the user to experiment with avariety of tools and find what works best for them. These include mindfulness, breathing regulation, guided meditation, and soothing sounds.



#### SECURITY AND ANONYMITY

mRes has been carefully architected so that a department can be confident that only their authorized users are able to access department resources. At the same time, we can ensure users that what they do in the app is not monitored to preserve their privacy. There is no requirement for a user account or credentials.



## SIMPLE CONTENT MANAGEMENT

mRes is preloaded with a wide range of culturally relevant resilience topics and content is regularly updated. The customer agency is in complete control of any additional content they want to provide to their users. Urgent content updates such as a new phone number for a peer support member are easily made and appear immediately in the app.



## COMPETITIVE PRICING AND SIMPLIFIED CONTRACTING

Our "Software-as-a-Service" approach allows us to quickly onboard an agency. Since there is only one Apple and one Android app to maintain, maintenance is easy and reduces cost.

### STREAMLINED CONTRACTING OPTIONS INCLUDE:

- · Carahsoft Cooperative Purchasing
- General Services Administration (GSA) Master Contract
- Amazon Web Services Marketplace







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